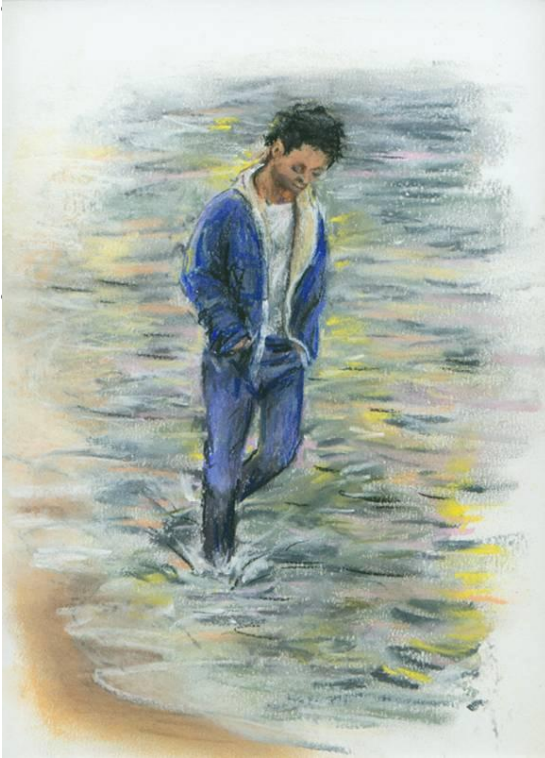


5

Being Sorry; Asking Forgiveness

I Grow Closer to Jesus



We must be sorry for our sins. When we are truly sorry, we agree not to sin again.

- + We are sorry because we hurt each other
- + We are sorry because we hurt our friendship with God
- + We promise with all our heart not to sin again.

How do we know when we are sorry for our sins?

- We are willing to **confess** our sins
- We become aware that we have **hurt others** through our sins
- We **hate** what we have done wrong!
- We want to **never do it again!**
- We **promise to change** and be more loving

We remember that God loves us!



**Prayer Celebration:
Growing up Catholic means
saying we're sorry
when we have sinned**

Begin with the Sign of the Cross. Everyone say it aloud together.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Leader: This is a very special time here in our preparation process for the Sacrament of Reconciliation because today we are going to learn what it means to be sorry for our sins.

Let us pray. Oh Jesus, we love you and want to love you more.

All: Help us to love you better.

Leader: Jesus, we know that we sometimes fail to be the people you want us to be, and we are sorry for the times when we have sinned.

All: We are sorry for all our sins, O Jesus.

Reader: Please listen now to God's Word from the Bible: (Matthew 19:13-15)

A reading from the Gospel of Matthew...

...This is the Gospel of the Lord

All: Praise to you, Lord Jesus Christ!

Listen to the Leader.

All: (Pause after each line)

We know we hurt you
And we hurt each other each time we commit a sin.
Please help us to be really sorry.
Help us to really want to do better
And help us to love you more. Amen.

What is Contrition?

Contrition has four parts.
Read each statement, then fill in the empty box.

We love God.
Why do we love God?

We realize what we did was wrong.
Why is sin wrong?

We are sorry for it.
Why must we feel sorry for our sins?

We promise to be better.
How can we be more like Jesus?

An Act of Contrition of My Own

Find the words in the puzzle that match the RED words.

S	U	S	E	J	JESUS
E	O	B	D	M	
A	V	R	J	F	LOVE
C	R	O	R	Z	
W	E	W	L	Y	SORRY

In the writing spaces,
write the words that tell how you believe

Do you love Jesus?

Yes, I love

Do you realize that sin is wrong?

I know that sin is

Are you sorry for your sins?

I am for my

Do I promise to be better?



Meeting Jesus in the Bible

We are sorry for our sins. We do not want to commit them again. We tell Jesus we are sorry.

A Woman who Says She's Sorry

Jesus was having supper
in the home of an important person named Simon.
Then a sinful woman came in.

She had perfume with her.
She was so sorry for her sins,
that she was crying.

She showed her sorrow by
putting the perfume on Jesus'
feet.

But Simon was shocked.
He thought to himself,
“If Jesus is so smart,
why doesn't he know
that this woman
is a sinner?”



Jesus knew his thoughts
and told him:
“This woman has shown great love for me
and her sins are forgiven.”

He said to the woman, “Go in peace.”

(Based on Luke 7: 36-50)

Color this picture together...



✚ Why was the woman crying?

✚ Why did she wipe Jesus' feet with perfume?

The Sacrament of Reconciliation

The Act of Contrition

When do I say my Act of Contrition?



- After you tell the priest your sins
- And after he asks you questions or gives you advice
- He will **invite you** to express your sorrow
- Contrition means being sorry and being willing to not sin again.

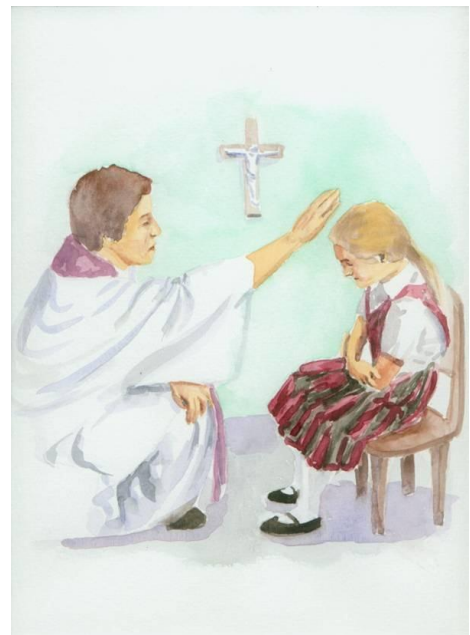
Absolution

When does the Priest give me absolution?

- After you say your **Act of Contrition**, the Priest will say:

Through the ministry of the church
 may God give you pardon and peace
 and I absolve you from your sins
 in the name of the Father,
 and of the Son,
 and of the Holy Spirit.
 (here you make the Sign of the Cross)

You answer: AMEN





At home this week

Work on this together at home as a way of continuing the process of preparing for the Sacrament of Reconciliation

Rehearsal time

The Sacrament of Reconciliation can feel a little scary to a Second Grade student who is celebrating it for the first time. You can help by making sure your child knows the prayers and knows what will happen. The pages in Growing Up Catholic in each lesson that explain this will make an excellent review. Go back through them from beginning to end.

Also help your child to memorize the Sign of the Cross and the Act of Contrition. Your child may also be given a penance, which may involve praying the Our Father, the Hail Mary, and the Glory Be. Make sure they know these prayers by heart.

Because your child is only in Second Grade, here is an Act of Contrition that they can easily memorize and understand.

ACT OF CONTRITION

Dear God, I am very sorry for any ways that I failed to love and committed sins. I'm sorry because I know you love me very much. I promise to do better and I know you will help me. Amen.